IN CONJUNCTION WITH
TEFILLIN AWARENESS PROJECT
הנְחָלְכָה





TEFILLIN SHEL ROSH

MUST BE WORN ENTIRELY ABOVE THE HAIRLINE

(the original hairline if it has receded).

CORRECT



Even if tefillin
were once
properly sized,
natural wear
of retzuos will
cause them
to stretch.
Tightening may
be required to
keep the bayis
above the
hairline.

INCORRECT



IF ANY PART OF THE TEFILLIN GO BELOW THE HAIRLINE, ONE HAS NOT FULFILLED THE MITZVAH OF TEFILLIN.

Likewise, no part of the Kesher may go on the neck (the ideal location of the Kesher may vary by individual).

TEFILLIN SHEL YAD

Tefillin shel yad must be worn on the lower half of the upper arm on the bicep muscle, which starts about two fingers-width from the elbow, as shown in picture A.



Tefillin placed too closely to the elbow

The tefillin should be tilted slightly toward the body, as shown in picture C. Care should be taken to assure the bayis remains on the bicep muscle and is not tilted past the muscle, as shown in picture D.





If your *tefillin shel rosh* needs to be tightened you can bring it to Rabbi Kuhnreich.

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