

TEFILLIN SHEL ROSH

**MUST BE WORN ENTIRELY
ABOVE THE HAIRLINE**

(or original hairline if it receded).

CORRECT



Tefillin above
the hairline.

*Even if tefillin
were once
properly sized,
natural wear of
retzuos will cause
them to stretch.
Tightening may be
required to keep
the bayis above
the hairline.*

INCORRECT



Tefillin
below the
hairline.

**IF ANY PART OF THE TEFILLIN GO BELOW THE HAIRLINE,
ONE HAS NOT FULFILLED THE MITZVAH OF TEFILLIN.**

Likewise, no part of the *keshet* may go on the neck (the ideal location of the *keshet* may vary by individual).

TEFILLIN SHEL YAD

Tefillin shel yad must be worn on the lower half of the upper arm on the bicep muscle, which starts about two fingers-width from the elbow, as shown in picture A.

Care should be taken to assure the bayis remains on the bicep muscle and is not tilted past the muscle, as shown in picture D.

A



Tefillin
properly
placed.

C



Tefillin
properly
placed.

B



Tefillin too close
to the elbow.

D



Tefillin tilted
past the muscle.

**If your *tefillin shel rosh* needs to be tightened
you can bring it to Rabbi Kuhnreich.**